

Platz	Name, Vorname	Jg	Verein / BSG / Ort	Schwimmen	Pos S	Rad	Pos R	Zwischen- zeit	Pos ZZ	Laufen	Pos L	Gesamtzeit	Alters- klasse	Start- Nr.
1	Lorenzen, Gyde	87	TSV Husum 1875 e.V.	0:11:54 h	21	0:34:25 h	1	0:46:19 h	3	0:21:38 h	1	1:07:57 h	W AK 30	97
2	Seifert, Regina	68	Tornesch	0:09:57 h	5	0:36:16 h	4	0:46:13 h	2	0:25:52 h	6	1:12:05 h	W AK 45	118
3	Christiansen, Nina	88	SV Enge-Sande	0:11:40 h	16	0:35:50 h	3	0:47:30 h	7	0:25:03 h	4	1:12:33 h	W AK 25	128
4	Tharra, Susan	62	MTV Heide	0:08:34 h	1	0:37:38 h	12	0:46:12 h	1	0:26:31 h	9	1:12:43 h	W AK 55	107
5	Harsdorf, Katja	64	A.S.L LA ROBERTSAU	0:11:58 h	22	0:36:33 h	5	0:48:31 h	9	0:24:29 h	2	1:13:00 h	W AK 50	91
6	Suchy, Eva	65	FC St. Pauli	0:11:42 h	17	0:35:36 h	2	0:47:18 h	5	0:26:17 h	8	1:13:35 h	W AK 50	87
7	Koch, Britta	86	TuS Holtenau Kiel	0:09:42 h	4	0:36:49 h	8	0:46:31 h	4	0:28:01 h	17	1:14:32 h	W AK 30	111
8	Hegge, Viola	65	Trisport Lübeck	0:11:24 h	13	0:37:16 h	10	0:48:40 h	10	0:26:03 h	7	1:14:43 h	W AK 50	92
9	Neumann, Marie	84	Tr EMTV Elmshorn	0:11:19 h	11	0:38:18 h	15	0:49:37 h	15	0:25:44 h	5	1:15:21 h	W AK 30	120
10	Hansen, Pia	74	MTV Leck von 1889 e.V	0:09:20 h	2	0:38:00 h	13	0:47:20 h	6	0:28:15 h	18	1:15:35 h	W AK 40	116
11	Ilsestein, Alina	97	TSV Husum	0:10:49 h	9	0:40:01 h	27	0:50:50 h	22	0:24:52 h	3	1:15:42 h	W AK 20	96
12	Sierck, Anja	73	Monstär-Racing	0:12:37 h	29	0:36:48 h	7	0:49:25 h	14	0:26:45 h	11	1:16:10 h	W AK 40	124
13	Menzel, Jacqueline	67	Sport-Club Itzehoe	0:10:38 h	7	0:38:28 h	16	0:49:06 h	12	0:27:10 h	12	1:16:16 h	W AK 50	80
14	Sanny, Mareike	87	Eddelak	0:11:17 h	10	0:37:10 h	9	0:48:27 h	8	0:28:38 h	20	1:17:05 h	W AK 30	90
15	Jegminat, Vera Sophie	93	Hamburg	0:10:48 h	8	0:39:13 h	20	0:50:01 h	16	0:27:45 h	15	1:17:46 h	W AK 20	89
16	Stadali, Jessica	79	Sport-Club Itzehoe	0:11:51 h	19	0:38:55 h	18	0:50:46 h	21	0:27:37 h	13	1:18:23 h	W AK 35	98
17	Wiedermann, Jessica	87	Hamburg	0:11:45 h	18	0:40:35 h	29	0:52:20 h	26	0:26:35 h	10	1:18:55 h	W AK 30	88
18	Jatho, Maike	70	Triathlon Dänischer Wohld	0:12:35 h	28	0:37:32 h	11	0:50:07 h	18	0:29:02 h	21	1:19:09 h	W AK 45	125
19	Eckmann, Sabrina	72	TSV Bargeheide -Tri	0:11:23 h	12	0:38:00 h	13	0:49:23 h	13	0:29:51 h	24	1:19:14 h	W AK 45	113
20	Knuth, Beate	59	Bosauer SV	0:12:23 h	24	0:39:39 h	24	0:52:02 h	23	0:28:29 h	19	1:20:31 h	W AK 55	122
21	Schallhorn, Claudia	67	Post SV Uelzen	0:13:48 h	35	0:36:46 h	6	0:50:34 h	19	0:30:15 h	26	1:20:49 h	W AK 50	102
22	Bolz, Yasmin	98	LAV Husum	0:09:38 h	3	0:39:13 h	20	0:48:51 h	11	0:32:33 h	33	1:21:24 h	W JUN	129
23	Austen, Ingrid	65	, Moin,	0:11:33 h	15	0:39:10 h	19	0:50:43 h	20	0:31:16 h	30	1:21:59 h	W AK 50	109
23	Hansen, Sabine	67	SZ Arlewatt	0:12:30 h	25	0:39:34 h	23	0:52:04 h	24	0:29:55 h	25	1:21:59 h	W AK 50	127
25	Söthje, Sabine	65	Sport-Club Itzehoe	0:13:04 h	32	0:39:43 h	25	0:52:47 h	31	0:29:45 h	23	1:22:32 h	W AK 50	103
26	Bernhardt, Tamara	72	Lohe-Rickelshof	0:11:29 h	14	0:38:34 h	17	0:50:03 h	17	0:33:01 h	34	1:23:04 h	W AK 45	94
27	Ellerbrock, Verena	61	SSV Süderdorf	0:10:34 h	6	0:42:09 h	33	0:52:43 h	28	0:30:35 h	28	1:23:18 h	W AK 55	101
28	Witte, Michaela	64	Team Erdinger Alkoholfrei	0:14:22 h	36	0:41:48 h	32	0:56:10 h	35	0:27:37 h	13	1:23:47 h	W AK 50	95
29	Till, Sabine	58	Elsdorf-Westermühlen	0:12:30 h	25	0:42:09 h	33	0:54:39 h	32	0:29:18 h	22	1:23:57 h	W AK 55	114
30	Goßmann, Michaela	65	Sport-Club Itzehoe	0:12:49 h	31	0:39:56 h	26	0:52:45 h	30	0:32:12 h	32	1:24:57 h	W AK 50	105
31	Sandermann, Corinna	72	Post SV Uelzen	0:12:19 h	23	0:40:08 h	28	0:52:27 h	27	0:33:12 h	35	1:25:39 h	W AK 45	115
32	Otremba, Kristin	81	Impalas Westküste	0:12:42 h	30	0:39:22 h	22	0:52:04 h	24	0:33:39 h	36	1:25:43 h	W AK 35	110
33	Rosenhahn, Maike	75	THE SWEET ROCK BROKIE	0:14:34 h	38	0:41:12 h	31	0:55:46 h	34	0:30:38 h	29	1:26:24 h	W AK 40	112
34	Hüging, Angelika	59	TSV Tinum 66	0:12:34 h	27	0:43:10 h	36	0:55:44 h	33	0:31:48 h	31	1:27:32 h	W AK 55	108
35	Lappert, Evelyn	50	TSV Sankt Peter-Ording	0:14:30 h	37	0:43:09 h	35	0:57:39 h	36	0:30:21 h	27	1:28:00 h	W AK 65	93
36	Kattge, Sibylle	56	Sport-Club Itzehoe	0:13:17 h	34	0:47:04 h	38	1:00:21 h	38	0:27:56 h	16	1:28:17 h	W AK 60	99
37	Thor, Christiane	69	Sport-Club Itzehoe	0:11:52 h	20	0:40:52 h	30	0:52:44 h	29	0:35:49 h	37	1:28:33 h	W AK 45	104
38	Junker, Angelika	66	Heide	0:13:11 h	33	0:46:21 h	37	0:59:32 h	37	0:40:19 h	38	1:39:51 h	W AK 50	106