

Platz	Name, Vorname	Jg	Verein / BSG / Ort	Schwimmen	Pos S	Rad	Pos R	Zwischen- zeit	Pos ZZ	Laufen	Pos L	Gesamtzeit	Alters- klasse	Start- Nr.
1	Wiegner, Björn	85	Sport-Club Itzehoe	0:09:36 h	8	0:31:23 h	1	0:40:59 h	1	0:16:27 h	5	0:57:26 h	M AK 30	26
2	Claußen, Helge	84	MTV Heide	0:09:55 h	13	0:32:41 h	2	0:42:36 h	2	0:16:21 h	4	0:58:57 h	M AK 30	25
3	Schlömer, Karl-Heinz	64	MTV Heide	0:09:43 h	10	0:34:44 h	13	0:44:27 h	12	0:15:59 h	1	1:00:26 h	M AK 50	73
4	Holm, Arne	94	Stuttgart	0:11:07 h	34	0:34:34 h	11	0:45:41 h	15	0:16:06 h	2	1:01:47 h	M AK 20	19
5	Schrum, Stefan	69	SV Wiking Kiel	0:09:00 h	3	0:33:53 h	7	0:42:53 h	3	0:19:10 h	26	1:02:03 h	M AK 45	71
6	Lakies, Lothar	66	Vfl Oldesloe	0:10:30 h	25	0:33:50 h	6	0:44:20 h	11	0:17:45 h	11	1:02:05 h	M AK 45	49
7	Tetens, Ingmar	76	Triabolos Hamburg e.V.	0:08:56 h	2	0:34:13 h	8	0:43:09 h	4	0:18:58 h	25	1:02:07 h	M AK 35	77
8	Langenbruch, Gunnar	64	Vfl Oldesloe	0:09:07 h	5	0:34:37 h	12	0:43:44 h	6	0:18:34 h	16	1:02:18 h	M AK 50	50
9	de Vries, Steffen	76	Sport-Club Itzehoe	0:11:03 h	32	0:33:00 h	3	0:44:03 h	8	0:18:49 h	24	1:02:52 h	M AK 35	85
10	Jegust, Thomas	68	Impalas Westküste	0:10:36 h	26	0:33:34 h	5	0:44:10 h	9	0:19:15 h	27	1:03:25 h	M AK 45	42
11	Roa, Jon	85	SG Tantalus Kiel	0:10:14 h	16	0:37:15 h	24	0:47:29 h	22	0:16:14 h	3	1:03:43 h	M AK 30	62
12	Schreier, Patrick	71	Elmshorn	0:10:26 h	22	0:37:22 h	26	0:47:48 h	24	0:16:57 h	7	1:04:45 h	M AK 40	70
13	Boubakeur, Aissa	66	Pinneberg	0:09:20 h	6	0:35:57 h	17	0:45:17 h	13	0:19:36 h	31	1:04:53 h	M AK 45	23
14	Schubert, Ralph	73	Hamburg	0:11:06 h	33	0:34:27 h	9	0:45:33 h	14	0:19:23 h	28	1:04:56 h	M AK 40	72
15	Sudmann, Sven	72	Kakenstorf	0:09:02 h	4	0:34:33 h	10	0:43:35 h	5	0:21:28 h	48	1:05:03 h	M AK 40	76
16	Friedrichs, Malte	73	Brunsbüttel	0:10:26 h	22	0:33:33 h	4	0:43:59 h	7	0:21:29 h	49	1:05:28 h	M AK 40	65
16	Schreiber, Andreas	73	TRIDATORS	0:08:54 h	1	0:35:25 h	15	0:44:19 h	10	0:21:09 h	44	1:05:28 h	M AK 40	69
18	Thron, Matthias	80	TSG Bergedorf	0:10:23 h	19	0:36:25 h	20	0:46:48 h	19	0:18:43 h	22	1:05:31 h	M AK 35	79
19	Tiedemann, Jan	91	MTV Freiburg	0:09:41 h	9	0:37:34 h	28	0:47:15 h	21	0:18:38 h	20	1:05:53 h	M AK 20	80
20	Stelling, Max	59	SSV Süderdorf	0:10:09 h	14	0:38:08 h	30	0:48:17 h	27	0:17:42 h	10	1:05:59 h	M AK 55	75
21	Mohr, Hans-Christian	75	Team Erdinger	0:10:44 h	29	0:37:30 h	27	0:48:14 h	26	0:17:47 h	12	1:06:01 h	M AK 40	66
22	Gunte, Jan	82	USC Kiel	0:10:54 h	30	0:36:43 h	22	0:47:37 h	23	0:18:37 h	18	1:06:14 h	M AK 30	36
23	Jürgens, Peter Henri	65	TOTAL Bitumen Deutschland	0:10:41 h	27	0:35:19 h	14	0:46:00 h	16	0:20:43 h	40	1:06:43 h	M AK 50	45
24	Midwer, Axel	60	Ostroher SC	0:12:39 h	53	0:35:49 h	16	0:48:28 h	28	0:18:26 h	15	1:06:54 h	M AK 55	54
25	Söthje, Ingo	62	Münsterdorf	0:09:46 h	12	0:36:17 h	19	0:46:03 h	17	0:21:06 h	43	1:07:09 h	M AK 50	74
26	Bolz, Stefan	65	LAV Husum	0:09:31 h	7	0:36:39 h	21	0:46:10 h	18	0:21:18 h	46	1:07:28 h	M AK 50	22
27	Knuth, Peter	61	Bosauer SV	0:11:01 h	31	0:36:01 h	18	0:47:02 h	20	0:20:31 h	38	1:07:33 h	M AK 50	46
28	Hunold, Michael	65	Steinbeis Papier Glückstadt	0:10:12 h	15	0:37:54 h	29	0:48:06 h	25	0:20:06 h	33	1:08:12 h	M AK 50	41
29	Carstensen, Torsten	67	MTV Heide	0:12:13 h	45	0:37:18 h	25	0:49:31 h	31	0:18:43 h	22	1:08:14 h	M AK 45	24
30	Schreiber, Dominik	81	Kiel	0:12:00 h	42	0:38:54 h	33	0:50:54 h	35	0:17:25 h	9	1:08:19 h	M AK 30	68
31	Weiß, Andreas	66	Oststeinbek	0:12:02 h	43	0:39:26 h	35	0:51:28 h	37	0:16:53 h	6	1:08:21 h	M AK 45	84
32	Kohrs, Andreas	63	TSV Brunsbüttel	0:12:16 h	46	0:36:45 h	23	0:49:01 h	30	0:19:28 h	29	1:08:29 h	M AK 50	47
33	Hennings, Manfred	61	Werkfeuerwehr SASOL	0:10:29 h	24	0:38:17 h	31	0:48:46 h	29	0:20:38 h	39	1:09:24 h	M AK 50	39
34	Dugaro, Matthias	69	TSV Wedel	0:11:39 h	37	0:38:21 h	32	0:50:00 h	33	0:19:51 h	32	1:09:51 h	M AK 45	28
35	Jochims, Ralf	64	SSV Süderdorf	0:12:19 h	48	0:39:24 h	34	0:51:43 h	39	0:18:35 h	17	1:10:18 h	M AK 50	43
36	Sandermann, Ralf	69	Post SV Uelzen	0:11:30 h	36	0:40:12 h	39	0:51:42 h	38	0:18:37 h	18	1:10:19 h	M AK 45	55
37	Baier, Sebastian	88	Kiel	0:10:25 h	21	0:40:27 h	41	0:50:52 h	34	0:20:26 h	35	1:11:18 h	M AK 25	20
38	Untiedt, Achim	69	TSV St. Margarethen	0:11:47 h	39	0:39:40 h	36	0:51:27 h	36	0:20:27 h	36	1:11:54 h	M AK 45	81
39	Goos, Dirk	67	Sweet Rock Brokies	0:10:18 h	18	0:39:41 h	37	0:49:59 h	32	0:22:01 h	53	1:12:00 h	M AK 45	33
40	Purschke, Julian	79	Wilster	0:11:24 h	35	0:42:12 h	47	0:53:36 h	43	0:18:41 h	21	1:12:17 h	M AK 35	59

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41	Möller, Marcus	74	Ostroher SC	0:11:58 h	41	0:42:50 h	48	0:54:48 h	48	0:17:50 h	13	1:12:38 h	M AK 40	56
42	Winkler, Helge	71	Elmshorn	0:10:42 h	28	0:43:30 h	51	0:54:12 h	45	0:19:34 h	30	1:13:46 h	M AK 40	86
43	Saltik, Altay Alp	71	Hamburg	0:11:53 h	40	0:40:35 h	42	0:52:28 h	40	0:21:27 h	47	1:13:55 h	M AK 40	63
44	Weidner, Mathias	79	TV Hilpoltstein	0:10:24 h	20	0:46:17 h	55	0:56:41 h	53	0:17:15 h	8	1:13:56 h	M AK 35	52
45	Reinhold, Dirk	64	Steinbeis Papier Glückstadt	0:12:55 h	55	0:39:49 h	38	0:52:44 h	41	0:21:45 h	52	1:14:29 h	M AK 50	60
46	Schindler, Maik	77	Sv Dornbusch	0:12:29 h	51	0:42:10 h	46	0:54:39 h	46	0:20:08 h	34	1:14:47 h	M AK 35	64
47	Ludwig, Jörg	71	Save the ring	0:12:03 h	44	0:41:29 h	45	0:53:32 h	42	0:21:34 h	50	1:15:06 h	M AK 40	51
48	Erismann, Sascha	69	Winseldorf	0:13:38 h	58	0:41:08 h	43	0:54:46 h	47	0:20:30 h	37	1:15:16 h	M AK 45	83
49	Wagener, Horst	61	BSG Gaden	0:15:30 h	59	0:43:01 h	49	0:58:31 h	55	0:18:20 h	14	1:16:51 h	M AK 50	82
50	Sielaff, Dr. Steffen	61	Klein Nordende	0:12:22 h	49	0:43:04 h	50	0:55:26 h	50	0:21:34 h	50	1:17:00 h	M AK 50	21
51	Hamann, Michael	94	Marne	0:13:27 h	56	0:40:15 h	40	0:53:42 h	44	0:23:43 h	55	1:17:25 h	M AK 20	38
52	Dilschmann, Jörg	69	Sport-Club Itzehoe	0:12:16 h	46	0:44:28 h	53	0:56:44 h	54	0:20:55 h	42	1:17:39 h	M AK 45	27
53	Horstmann, Steffen	71	Team Lauschbar IZ	0:13:28 h	57	0:41:24 h	44	0:54:52 h	49	0:22:48 h	54	1:17:40 h	M AK 40	40
54	Jurczyk, Stefan	78	LTV Kiel-Ost	0:10:17 h	17	0:46:12 h	54	0:56:29 h	52	0:24:42 h	57	1:21:11 h	M AK 35	44
55	Kulesa, Christian	65	Eutin	0:12:24 h	50	0:44:02 h	52	0:56:26 h	51	0:26:01 h	58	1:22:27 h	M AK 50	48
56	Mehner, Frank	66	CiBS GmbH	0:12:52 h	54	0:46:53 h	56	0:59:45 h	57	0:24:19 h	56	1:24:04 h	M AK 45	53
57	Tetzlaff, Heiko	82	Hamburg	0:12:38 h	52	0:53:44 h	59	1:06:22 h	59	0:21:14 h	45	1:27:36 h	M AK 30	78
58	Giehsler, Thorsten	73	Braunschweig	0:09:43 h	10	0:49:35 h	57	0:59:18 h	56	0:29:54 h	60	1:29:12 h	M AK 40	31
59	Pöhlmann, Andreas	55	Sport-Club Itzehoe	0:11:43 h	38	0:50:00 h	58	1:01:43 h	58	0:28:04 h	59	1:29:47 h	M AK 60	58
60	Albrechtsen, Jelke Peter	94	Engelbrechtsche Wildnis	0:15:37 h	60	0:54:12 h	60	1:09:49 h	60	0:20:47 h	41	1:30:36 h	M AK 20	18