

| Platz | Name, Vorname          | Jg | Verein / BSG / Ort          | Schwimmen | Pos<br>S | Rad       | Pos<br>R | Zwischen-<br>zeit | Pos<br>ZZ | Laufen    | Pos<br>L | Gesamtzeit | Alters-<br>klasse | Start-<br>Nr. |
|-------|------------------------|----|-----------------------------|-----------|----------|-----------|----------|-------------------|-----------|-----------|----------|------------|-------------------|---------------|
| 1     | Geßner, Malte          | 76 | Ellerau                     | 0:08:35 h | 3        | ---       | ---      | ---               | ---       | ---       | ---      | 1:02:32 h  | M AK 35           | 236           |
| 2     | Schlüter, Jörn         | 73 | TSV Westerland/Sylt e.V.    | 0:08:09 h | 2        | ---       | ---      | ---               | ---       | ---       | ---      | 1:03:29 h  | M AK 35           | 264           |
| 3     | Epple, Stephan         | 75 | TSV Groß Rheide             | 0:09:29 h | 11       | 0:36:04 h | 8        | 0:45:33 h         | 6         | 0:20:59 h | 3        | 1:06:32 h  | M AK 35           | 229           |
| 4     | Hamschmidt, Uwe        | 63 | Störauf                     | 0:07:36 h | 1        | 0:35:24 h | 4        | 0:43:00 h         | 1         | 0:23:55 h | 21       | 1:06:55 h  | M AK 45           | 240           |
| 5     | Dietzel, Ronald        | 61 | SG Wasserratten Norderstedt | 0:09:26 h | 9        | 0:37:24 h | 17       | 0:46:50 h         | 11        | 0:20:10 h | 1        | 1:07:00 h  | M AK 50           | 227           |
| 6     | Friedrichs, Malte      | 73 | Brunsbüttel                 | 0:10:05 h | 17       | 0:33:48 h | 1        | 0:43:53 h         | 2         | 0:23:16 h | 12       | 1:07:09 h  | M AK 35           | 234           |
| 7     | Wyhnaneck, Peter       | 79 | ElbeExpress                 | 0:08:54 h | 4        | 0:36:55 h | 15       | 0:45:49 h         | 8         | 0:22:19 h | 7        | 1:08:08 h  | M AK 30           | 279           |
| 8     | Gugel, Carsten         | 80 | Hamburg                     | 0:09:09 h | 5        | 0:36:22 h | 12       | 0:45:31 h         | 4         | 0:22:55 h | 8        | 1:08:26 h  | M AK 30           | 238           |
| 9     | Weiss, Friedhelm       | 59 | MTV Heide                   | 0:10:23 h | 18       | 0:37:38 h | 18       | 0:48:01 h         | 17        | 0:20:32 h | 2        | 1:08:33 h  | M AK 50           | 275           |
| 10    | Hunold, Michael        | 65 | Steinbeis Papier Glückstadt | 0:09:50 h | 15       | 0:36:12 h | 10       | 0:46:02 h         | 9         | 0:22:55 h | 8        | 1:08:57 h  | M AK 45           | 246           |
| 11    | Hahn, Alexander        | 70 | FC Deutsche Post            | 0:09:32 h | 13       | 0:36:07 h | 9        | 0:45:39 h         | 7         | 0:23:34 h | 18       | 1:09:13 h  | M AK 40           | 239           |
| 12    | Holst, Arno            | 65 | Flensburg                   | 0:10:49 h | 27       | 0:35:19 h | 3        | 0:46:08 h         | 10        | 0:23:25 h | 14       | 1:09:33 h  | M AK 45           | 244           |
| 13    | Kinne, René            | 81 | Kiel                        | 0:09:17 h | 7        | ---       | ---      | ---               | ---       | ---       | ---      | 1:09:39 h  | M AK 30           | 249           |
| 14    | Bröhan, Lars           | 81 | Buxtehude                   | 0:09:30 h | 12       | 0:36:01 h | 6        | 0:45:31 h         | 4         | 0:24:33 h | 24       | 1:10:04 h  | M AK 30           | 274           |
| 15    | Gehmert, Christian     | 78 | Hamburg                     | 0:10:04 h | 16       | 0:35:25 h | 5        | 0:45:29 h         | 3         | 0:24:56 h | 28       | 1:10:25 h  | M AK 30           | 235           |
| 16    | Friedrich, Marco       | 87 | ElbeExpress                 | 0:10:38 h | 23       | 0:36:47 h | 14       | 0:47:25 h         | 14        | 0:23:08 h | 11       | 1:10:33 h  | M AK 25           | 233           |
| 17    | Feldmann, Lars         | 69 | USC Kiel                    | 0:10:45 h | 25       | 0:36:14 h | 11       | 0:46:59 h         | 13        | 0:23:39 h | 19       | 1:10:38 h  | M AK 40           | 230           |
| 18    | Bolz, Stefan           | 65 | LAV Husum                   | 0:09:27 h | 10       | 0:38:31 h | 21       | 0:47:58 h         | 16        | 0:23:28 h | 15       | 1:11:26 h  | M AK 45           | 273           |
| 19    | Wiese, Carsten         | 74 | MTV Heide                   | 0:09:37 h | 14       | 0:37:56 h | 20       | 0:47:33 h         | 15        | 0:24:40 h | 25       | 1:12:13 h  | M AK 35           | 276           |
| 20    | Matzat, Gerd           | 86 | VAF Hamburg                 | 0:10:36 h | 21       | 0:39:48 h | 27       | 0:50:24 h         | 27        | 0:21:55 h | 5        | 1:12:19 h  | M AK 25           | 173           |
| 20    | Quednau, Ullrich       | 89 | Tri-Sport Lübeck            | 0:09:20 h | 8        | 0:39:02 h | 25       | 0:48:22 h         | 22        | 0:23:57 h | 22       | 1:12:19 h  | M AK 20           | 259           |
| 22    | Hubbe, Christopher     | 80 | Horneburg                   | 0:11:00 h | 31       | 0:37:09 h | 16       | 0:48:09 h         | 19        | 0:24:12 h | 23       | 1:12:21 h  | M AK 30           | 245           |
| 23    | Jürgens, Peter         | 65 | Impalas Westküste           | 0:10:54 h | 29       | 0:36:01 h | 6        | 0:46:55 h         | 12        | 0:25:56 h | 32       | 1:12:51 h  | M AK 45           | 248           |
| 24    | Schubert, Ralph        | 73 | Hamburg                     | 0:11:32 h | 37       | 0:36:42 h | 13       | 0:48:14 h         | 20        | 0:25:06 h | 29       | 1:13:20 h  | M AK 35           | 266           |
| 25    | Weber, Frank           | 63 | Kaifu Tri Team              | 0:11:11 h | 33       | 0:38:47 h | 22       | 0:49:58 h         | 24        | 0:23:29 h | 16       | 1:13:27 h  | M AK 45           | 272           |
| 26    | Lenz, Martin           | 71 | Tri-Sport Lübeck            | 0:10:39 h | 24       | 0:39:23 h | 26       | 0:50:02 h         | 25        | 0:23:33 h | 17       | 1:13:35 h  | M AK 40           | 252           |
| 27    | Spross, Jürgen         | 66 | Team Erdinger Alkohlfrei    | 0:13:23 h | 42       | 0:34:43 h | 2        | 0:48:06 h         | 18        | 0:25:47 h | 31       | 1:13:53 h  | M AK 45           | 270           |
| 28    | Leppert, Sven          | 67 | Hohenlockstedt              | 0:11:20 h | 34       | 0:40:01 h | 29       | 0:51:21 h         | 29        | 0:23:07 h | 10       | 1:14:28 h  | M AK 45           | 253           |
| 29    | Jungnickel, Hans-Erich | 52 | LG Albatros Kiel            | 0:11:30 h | 35       | 0:41:36 h | 35       | 0:53:06 h         | 33        | 0:21:24 h | 4        | 1:14:30 h  | M AK 60           | 247           |
| 30    | Hennings, Manfred      | 61 | Brunsbüttel                 | 0:10:27 h | 19       | 0:37:50 h | 19       | 0:48:17 h         | 21        | 0:26:22 h | 36       | 1:14:39 h  | M AK 50           | 242           |
| 31    | Gründel, Thomas        | 63 | ETSV Fortuna Glückstadt     | 0:10:34 h | 20       | 0:38:55 h | 23       | 0:49:29 h         | 23        | 0:25:57 h | 33       | 1:15:26 h  | M AK 45           | 237           |
| 32    | Mehlert-Prigandt, Jan  | 79 | SC Itzehoe                  | 0:10:45 h | 25       | 0:41:50 h | 36       | 0:52:35 h         | 32        | 0:23:52 h | 20       | 1:16:27 h  | M AK 30           | 256           |
| 33    | Neumann, Björn         | 70 | USC Kiel                    | 0:12:16 h | 39       | 0:42:18 h | 37       | 0:54:34 h         | 37        | 0:22:12 h | 6        | 1:16:46 h  | M AK 40           | 257           |
| 34    | Schuldt, Maik          | 81 | Hamburg                     | 0:11:31 h | 36       | 0:40:49 h | 32       | 0:52:20 h         | 31        | 0:24:44 h | 26       | 1:17:04 h  | M AK 30           | 267           |
| 35    | Schwängermann, Lars    | 83 | Hamburg                     | 0:11:04 h | 32       | 0:39:00 h | 24       | 0:50:04 h         | 26        | 0:27:45 h | 38       | 1:17:49 h  | M AK 25           | 268           |
| 36    | Saltik, Altay Alp      | 71 | Hamburg                     | 0:10:37 h | 22       | 0:40:58 h | 34       | 0:51:35 h         | 30        | 0:27:02 h | 37       | 1:18:37 h  | M AK 40           | 263           |
| 37    | Kohnagel, Steffen      | 62 | MTV Herzhorn                | 0:13:08 h | 41       | 0:40:04 h | 30       | 0:53:12 h         | 35        | 0:25:46 h | 30       | 1:18:58 h  | M AK 50           | 250           |
| 38    | Winter, Dirk           | 63 | SC Itzehoe                  | 0:10:57 h | 30       | 0:39:56 h | 28       | 0:50:53 h         | 28        | 0:28:12 h | 39       | 1:19:05 h  | M AK 45           | 277           |
| 39    | Hoffmann, Hans-Joachim | 55 | Wesselburen                 | 0:11:57 h | 38       | 0:43:05 h | 39       | 0:55:02 h         | 38        | 0:26:03 h | 34       | 1:21:05 h  | M AK 55           | 243           |
| 40    | Reinhold, Dirk         | 64 | Steinbeis Papier            | 0:13:57 h | 43       | 0:42:47 h | 38       | 0:56:44 h         | 40        | 0:26:18 h | 35       | 1:23:02 h  | M AK 45           | 260           |

| Platz | Name, Vorname       | Jg | Verein / BSG / Ort      | Schwimmen | Pos<br>S | Rad       | Pos<br>R | Zwischen-<br>zeit | Pos<br>ZZ | Laufen    | Pos<br>L | Gesamtzeit | Alters-<br>klasse | Start-<br>Nr. |
|-------|---------------------|----|-------------------------|-----------|----------|-----------|----------|-------------------|-----------|-----------|----------|------------|-------------------|---------------|
| 41    | Mackeprang, Norbert | 58 | LG POWER-Schnecken Kiel | 0:15:01 h | 45       | 0:44:36 h | 41       | 0:59:37 h         | 41        | 0:24:55 h | 27       | 1:24:32 h  | M AK 50           | 254           |
| 42    | Fels, Henning       | 77 | Schaschlik Brasil       | 0:09:14 h | 6        | 0:52:06 h | 42       | 1:01:20 h         | 42        | 0:23:17 h | 13       | 1:24:37 h  | M AK 35           | 231           |
| 43    | Franz, Gerhard      | 48 | TSV Bargteheide Tri     | 0:14:52 h | 44       | 0:40:50 h | 33       | 0:55:42 h         | 39        | 0:31:21 h | 40       | 1:27:03 h  | M AK 60           | 232           |
| 44    | Hübner, Thomas      | 80 | SC Itzehoe              | 0:12:53 h | 40       | 0:40:16 h | 31       | 0:53:09 h         | 34        | 0:36:18 h | 41       | 1:29:27 h  | M AK 30           | 262           |
| 45    | Kronenberg, Michael | 69 | Groß Kummerfeld         | 0:10:53 h | 28       | 0:43:24 h | 40       | 0:54:17 h         | 36        | 0:36:37 h | 42       | 1:30:54 h  | M AK 40           | 251           |